

There's nothing on in February...

but here is early notification of a Friendship Seminar in Belgium next month featuring two of the highest ranking students of the late Saito Sensei.

Saturday 1st – Friendship Seminar
Sunday 2nd March Paolo Corallini Shihan, 7th dan
Daniel Toutain, 6th Dan
Stanley Pranin, 5th Dan
Aywaille, Belgium
[link to online poster](#)

Check out the [online diary](#) for more details of these and future seminars and events.

About KIAI

KIAI is the newsletter of Wellsprings Aikido. It is sent to all our members and to any of our friends who wish to receive it. If you would like to be added to or removed from the distribution list then please send your email address to enquiries@wellspringsoftheeast.co.uk.

Contributions to this newsletter are welcome and encouraged. Please send them to the address above.

Still looking for new venue

We would still like to find a venue similar to Phoenix Martial arts that we lost at the beginning of the year where we could hold both of our aikido training evenings. Hopefully, in the Corfe Mullen, Merly, Broadstone area. We would require mats or a somewhere we can store our mats and enough height for weapons practice. Please let Mark Sensei know if you hear of anywhere suitable.

Thanks

Anne would like to thank everyone who sent get well wishes following her surgery last month. She has been busy resting and healing whilst Mark Sensei has been taking excellent care of her, or so he says.

Anne is looking forward to being a bit more active very soon, reclaiming the kitchen and... finishing the last Bukiwaza dvd.

Bukiwaza

We have 11 dvds covering the Bukiwaza workshops given by Paul McGlone Sensei last year.

- Volume 1. Ken Suburi & Happo Giri (46 min.)
- Volume 2. Jo Suburi 1 to 10 (52 min.)
- Volume 3. Jo Suburi 11 to 20 (49 min.)
- Volume 4. Ken Awase & Ki Musubi No Tachi (31 min.)
- Volume 5. 13 Jo Kata Awase (39 min.)
- Volume 6. Kumi Tachi (31 min.)
- Volume 7. 31 Jo Kata (39 min.)
- Volume 8. 31 Kumijo (30 min.)
- Volume 9. Tantodori (30 min.)
- Volume 10. Jodori & jonage (28 min.)
- Volume 11. Tachdori (23 min.)

The cost for each volume is £5 if you were at the workshop featured and £10 if you weren't.

Order your dvds from [Mark Sensei](#) and collect on training nights or have them posted to you (p&p is £1.50 per dvd).



Wellsprings Aikido 

2014 Aikido Tai Sai

A celebration of Aikido to honour O-Sensei and all the teachers who have gone before us as a result of whose efforts we can train Aikido today.

With

Tony Sargeant Sensei, 6th Dan
Chief Instructor T.I.A.E



Saturday April 26th 10am – 4:45pm
(registration from 09:15am)

Sunday April 27th 10am – 4pm
(registration from 09:30am)

at

Herrison Hall Ballroom

Charlton Down Village Hall. Near Dorchester. Dorset DT2 9UA.

Open to all aikidoka. Please bring your bokken, jo and proof of insurance.

Wellsprings Aikido Celebrating 4 years of Joyful Training

www.wellspringsoftheeast.co.uk



Wellsprings Aikido

BOOKING FORM TAI SAI SEMINAR 26th- 27th April 2014 at Herrison Hall Ballroom, Charlton Down near Dorchester

COMPLETE THIS FORM IN BLOCK CAPITALS OR TYPEFACE

NAME: _____ BAB No. _____

ADDRESS: _____

EMAIL: _____

CLUB: _____

I would like to book the following training sessions (✓ your requirements in the []):

	Mat Fee	Super Early Bird Price Before 26 th March 2014		Early Bird Price Before 19 th April 2014	
	Training	Training	Weapons hire*	Training	Weapons hire*
Saturday Only	£40 []	£30 []	£6 []	£35 []	£7 []
Sunday Only	£40 []	£30 []	£6 []	£35 []	£7 []
Both days	£70 []	£50 []	£10 []	£60 []	£12 []
Half day	£24 []				

*£20 refundable deposit required on collection. Refunded on return of weapons.

I would like to attend the meal on the Saturday night []

I am grading at the weekend [] (Remember to send your Dan grade application form to T.I.A.E.)

Fee enclosed £ _____

(Make cheques payable to 'Mark Allcock' and write "2014 TaiSai" and your name on the reverse.)

Send this form together with your payment to:

Mark Allcock Sensei. 110 Fernside Road, Poole. Dorset. BH15 2EP.

Travelling to Herrison Hall...



... by Car

Satellite navigation for Herrison Hall 50.75135 – 2.45594 Postcode – DT2 9UA

Parking – Parking is available in the public car park in front of the hall (35 cars) and on surrounding roads. The two car parks to the right and left of the hall are private for residents only so please don't use them. Depending on their fixtures it may be possible for us to negotiate with the Cricket Club to use their parking facilities.

... by Air

Bournemouth Airport is 33 miles. Take the Airport Bus to Bournemouth Travel Interchange and then a train to Dorchester South. From Dorchester take a bus or taxi to Charlton Down.

Southampton Airport is 58 miles. From Southampton Airport Parkway take the train to Dorchester South and then a bus or taxi to Charlton Down.

... by Bus

Damory Coaches operate a bus service to Charlton Down (Route 216) or Charminster (Route 212) on **Saturdays only**.

... by Rail

Take the train to Dorchester South or Dorchester West. Both stations are approximately 4 miles from Herrison Hall.

From Dorchester take a taxi or bus (Saturday only) to Herrison Hall.

... by Taxi

Telephone numbers for some local taxi firms.

Poole Radio Cabs 01202 666333	Bournemouth United Taxis 01202 556677
Dorchester Taxi! 01305 251097	Charlton Down Taxis 01305 757515

Provisional Timetable

Saturday		
Start time	End time	Activity
09.15	10.00	Registration
10.00	11:10	Training I
11:20	12:30	Training II
12:40	13:15	Dan Grading
13:15	14:15	Lunch
14:15	15:25	Training III
15:35	16:45	Training IV

Sunday		
Start time	End time	Activity
09.30	10.00	Registration
10:00	11:10	Training I
11:20	12:30	Training II
13:15	14:15	Lunch
13:30	14:40	Training III
15:50	16:00	Training IV



Weapons Hire

Travelling with your weapons on public transport can be inconvenient and expensive. We have a number of white oak ken and jo available for hire for a small fee. These must be booked in advance. Please indicate on the booking form if you would like to hire weapons.

Dan Grading

Dan Gradings will be held on the Saturday. If you are intending to grade remember to complete and return the T.I.A.E. Application form (which can be found on the T.I.A.E. Website) and pay the appropriate fee.

Refreshments

Self-service hot drinks will be available prior to the first session and at lunchtime each day. A small charge will be made for these. Proceeds from these sales will go to Longmead Community Farm (<http://www.longmead.org/>) which helps families in crisis. O-Sensei described himself as a farmer so it seems apposite that the proceeds should go there.

If you need to buy your lunch or a snack then you will find a Londis shop at the entrance to the car park. It is open on both Saturday and Sunday.

An Evening Meal



We propose to go to the Riggers Restaurant at the RNLI College, West Quay Road, Poole. Dorset. BH15 1HZ for a meal on the Saturday evening. Profits from the restaurant help the RNLI. Pre-booking will be required if you wish to join us.

Accommodation

There is accommodation to suit all tastes and budgets in Dorchester and Poole. For more information visit the Poole Tourism website: <http://www.pooletourism.com/stay/> or the Visit Dorchester website: <http://www.visit-dorchester.co.uk/>.